



# BETTER TOGETHER



YMCA ALLIANCE OF  
NORTHERN NEW ENGLAND  
2024 VERMONT  
IMPACT REPORT

# ABOUT THE ALLIANCE

## OUR MISSION

The Alliance supports collaboration amongst the YMCAs and community partners in Maine, New Hampshire, and Vermont to increase our impact and advocate for positive change in our communities.

## OUR VISION

A visionary and unified Alliance of YMCAs leading change, supporting impactful leaders, and developing healthier communities.

## VERMONT YMCAS

Berkshire Family YMCA/  
Bennington Branch  
Greater Burlington YMCA  
Meeting Waters YMCA

Last year, Vermont YMCAs provided  
**\$323,000** in scholarships for programs, child care, and memberships

**12,165 MEMBERS**

**590 EMPLOYEES at 3 FACILITIES**



**1,225**

youth learned swimming and water safety skills



**155**

children in early  
childhood  
education  
programs



**440**

children in  
before and  
after-school  
care



**1,280**

children in day  
and overnight  
camp

**44,440**

total meals and snacks  
served to kids and teens



## AMPLIFYING YOUTH VOICE

### YMCA of Greater Burlington's

Shabnam Saini served as the YMCA Youth and Government program's Governor for the state of Vermont in 2023. The YMCA Youth and Government program is an experiential civic engagement program for middle and high school students across the United States. As part of her experience, Shabnam attended a six-day conference in Washington, D.C. "Walking the halls of Congress was truly impactful. "The Youth and Government experience has inspired me to be a stronger advocate on behalf of others." This experience has even helped bring focus to what Shabnam wants to study in college – political science. "Through the Youth and Government program, I have a whole new perspective of what it could be like to work in government." Shabnam now sees that she can help ensure that voices other than her own are heard.



## SUPPORTING WORKING PARENTS

**Meeting Waters YMCA's** year-round out-of-school time programs support parents' ability to work, which helps them meet their basic needs. The Y is helping parents contribute to – and participate in – their local economy while building fundamental skills in their child(ren), such as academic enrichment, healthy lifestyle habits, self-discovery, and social skills necessary for today's world. The Y enables both parents and children reach their fullest potential – to learn, grow and thrive. One mother of five says, "These programs are such a big support to me, my children, and other families I know in my community. Y-ASPIRE and Y Day Camp are the biggest resources in our community that help to keep my single parent lifestyle achievable and cohesive."

