



# HERE FOR GOOD

TODAY • TOMORROW • TOGETHER

YMCA ALLIANCE OF NORTHERN NEW ENGLAND  
2023 VERMONT COMMUNITY IMPACT REPORT

YMCAS IN VERMONT

2



TOTAL MEMBERS

13,000



TOTAL EMPLOYEES

590



TOTAL VOLUNTEERS & DONORS

560



TOTAL FINANCIAL ASSISTANCE PROVIDED TO FAMILIES

\$323k



## OUR MISSION

To support collaboration amongst the YMCAs and community partners in Maine, New Hampshire, and Vermont to increase our impact and advocate for positive change in our communities.

## OUR PRIORITIES

- ☐ Youth Development
- ☐ Hunger Relief
- ☐ Mental Health



# YOUTH DEVELOPMENT

TOTAL CHILDREN IN EARLY CHILDHOOD EDUCATION

170



TOTAL CHILDREN IN BEFORE/AFTERSCHOOL CARE

670



TOTAL CHILDREN IN DAY CAMP

975



TOTAL CHILDREN IN OVERNIGHT CAMP

540



The YMCA provides children with safe, nurturing and enriching care, and is a critical component of the state's infrastructure to support working parents and our economy.

TOTAL CHILDREN IN SWIM LESSONS

750



## ENSURING ACCESS TO CARE

The Greater Burlington YMCA recognizes that every child deserves the best start to life through high-quality early child care and the value in giving working parents peace of mind that their child is nurtured by skilled and compassionate caregivers. We all know that early child care is expensive. To ensure that no family misses out on this opportunity, one in three families receive Y financial assistance.



## HUNGER RELIEF

TOTAL MEALS & SNACKS PROVIDED

130,000



TOTAL CHILDREN SERVED MEALS & SNACKS

980



### PARTNERING TO FILL GAPS

Meeting Waters YMCA, which serves over 20 communities in VT and NH, supports youth and families experiencing food insecurity. The Y has formed three partnerships to ensure their after school and summer camp program participants have access to healthy foods in the out-of-school hours: one that provides healthy suppers at the Y's afterschool programs; another that supplies healthy breakfast and lunch each day at summer camp; and a third that provides healthy snacks at camp each day, as well as "food bags" for the weekends.

## MENTAL HEALTH

TOTAL Y STAFF TRAINED IN MENTAL HEALTH FIRST AID

60



### SUPPORTING THOSE SUPPORTING YOUTH

Depression, anxiety, and suicidal ideation among youth have seen a steep rise in recent years. Providing support and recognizing when additional interventions may be needed is now an integral component of any work with youth. The Greater Burlington YMCA has supported the training of 60 of its staff in Mental Health First Aid, which equips them with additional, vitally important resources to support youth in their care.